Relationships AUSTRALIA · SA

Gambling Help Services

Counselling

- The Gambling Help Service of Relationships Australia South Australia provides counselling support to anyone experiencing gambling or video gaming harm as a result of their own gambling or gaming, or as an affected other.
- The service is free and there are no waitlists.
- Once clients are deemed eligible for the service, there is no requirement that they only discuss gambling related issues. We understand that gambling is often the manifestation of other issues at play in a client's life. Consequently, we provide a holistic therapeutic service.
- We also cater to a culturally and linguistically diverse client base, with gambling and gaming support provided by the PEACE Multicultural Services team. Free interpreters can also be provided when requested.

Peer Support

- Our peer support worker provides people experiencing gambling harm with the opportunity to engage with someone who has experienced the devastating impact gambling can have. Through their lived experience of recovery, they offer hope to those seeking change in their lives.

Financial Counselling

- The Gambling Help team includes financial counsellors that are trained to offer non-judgmental support to clients who are facing financial difficulty as a result of gambling harm. Our financial counsellors can provide information and advocacy, along with establishing a budget, dealing with debt collectors and more. The team is currently servicing clients in the Western and Northern metro areas.

Lived Experienced in Gambling Harm (LEIGH)

- The LEIGH program is a free service provided by volunteers who share their lived experiences of gambling harm and recovery. The program seeks to encourage change through the transformative quality of connecting with stories. LEIGH speakers are a powerful way to raise awareness of gambling harm and can be incorporated into any meeting.
- LEIGH training is available to those who have overcome gambling harm, as well as those who have suffered the harmful impacts of gambling through a significant other. There is no requirement to become a LEIGH speaker. The training can be simply for social connection and personal development.

Looking for more information?
Visit our website at www.gamblinghelpsa.org.au
Or call our intake line at 1800 934 196(business days 9am-5pm)